

Alabama Homemakers and Community Leaders

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AHCL Newsletter

HELLO AHCL Family!!

I hope this message finds you all doing well and get-ting ready to enjoy your summer. I know your Clubs have plans to help support your communities, schools, fire departments, police departments and many other activities you enjoy together. It takes all of us to make a difference and after attending the



recent District Meetings, I observed firsthand the variety of projects and applaud you all – keep up the great work!

The attendance was superb at the District Meetings and in this newsletter are photos and summaries from the District Coordinators. Your assistance sparked tremendous pride in me to be part of this important organization. This is a personal recognition from me to Elizabeth Griswold District I Coordinator, Sherry Equi District II Coordinator, and Pam Stone District III/IV Coordinator for all they do within your districts.

Please mark these upcoming events on your calendars:

- The AHCL Board meets on June 19, 2023.
 If your Club has a grant request, get this AHCL Grant Form filled out and in the hands of your District Coordinator in order to have it presented at the Board meeting for approval.
- CULTURAL ARTS You will need to have your County Cultural Arts event completed in

time to mail your winning Photo and Writing Entries by SEPTEMBER 1, 2023 to

Sherry Equi, 142 Robert E. Lee Way, Eufaula, AL 36027 (sherryequi@yahoo.com).

Due to the volume of entries in these categories, having them judged before our State Conference. will help us to run the Cultural Arts room more smoothly.

• The State Conference is October 3-5 at Lakepoint Resort in Eufaula. The Board is busy trying to plan speakers, entertainment, meals and more. If there is something you would be interested in learning or crafting or assisting, please let your District Coordinator know. We welcome suggestions and extra hands. Start making your plans to attend in October and if you have never attended a State Conference, please try this time. There will be better information about our planned agenda after the Board meets in June.

ENJOY the coming of summer and hope to see you in the cooler October fall at the State Conference. Please keep me in mind if you feel I can do anything for your Clubs/County and I will be happy to assist.

President Debbie O'Neal



2023 AHCL Scholarshíp Awarded

The AHCL Scholarship Committee met last week and with the new score sheet chose a winner for the scholarship, Emma Parson of Haleyville High School. Emma plans to attend UNA to study Hospital Administration, Business Administration, or Pharmaceutical Management.

Are YOU Available?

Yes, it seems that we just got 2023 rolling, but we already need to think ahead to 2024. Your state organization needs nominations from your Clubs to elect and fill State Board positions at the State Conference in October, 2023. The open Board positions include President-Elect, Vice President, Secretary, and District II and District III/IV Coordinators. Interested? Fill out this Nomination Form and get started on a new adventure in Homemakers!!

2023 District Meetings

Congratulations to all the Clubs that were recognized at their District Meetings!!

100% State Membership for 2022:

District I:

Dekalb County: all 7 clubs

Crossville Club

Geraldine Club

Ider Club

Joyful Hearts Club

Lookout Mountain Club

Portersville Club

Tenbroeck Club

Limestone County: both clubs

Athens Club

Oak Grove Club

Madison County: 5 of 7 clubs
Hillwood Club
Madison Morning Club
Owens Cross Roads Club
Rainbow Mountain Club
South Parkway Club
Marshall County: Both Clubs
High Point Club

Morgan County/Rock Creek Club

District II:

Barbour County/Eufaula Club
Henry County: 1 of 3 clubs
Bowen Club
Russell County/Crawford Club
Tallapoosa County/Lakewind Club

New Friendship Club

District III/IV:

Hale County: Both Clubs
Greensboro Club
Magnolia Club
Shelby County: Both Clubs
Chelsea/Westover Club
Montevallo Club
Sumter County/Busy Bee Club
Walker County/Walker Club
Winston County/Double Springs Club

Increase in State Membership 2021-2022

Dekalb County/Crossville Club Barbour County/Eufaula Club Henry County/Blackwood Club Russell County/ Crawford Club

To date, our 2023 AHCL State Membership stands at 484 memberships. This includes 43 new memberships, 8 were from the Rock Creek club in Morgan County! Our clubs are doing an awesome job of recruiting and I encourage each of your clubs to keep up the good work!

Treasurer, Dara Kulpa

District III-IV met on March 14th at the Jemison Municipal Building. We had a total of 52 in attendance. We started the morning with snacks provided by Shelby County. After a time of fellowship, the meeting was called to order. The Renfroe Club from Talladega lead the Pledge and the AHCL Creed. That was followed by a devotion from the Busy Bees of Sumter County.

District III-IV Coordinator Pam Stone presented a portion of a video from her son's Airforce retirement that included a traditional flag folding ceremony. We learned that "Hand over Heart" our day's theme, was not the original salute to the American Flag.

Linda Sprayberry from Walker County presented our Omega Memorial remembering those members whom we lost to death in 2022.

The president of the Blue Star Salute Foundation, Tom Long, was our guest speaker. He told about the foundation's work with and for veterans. He also shared some ways that we as homemakers can reach out to the veterans in our own lives.

In Vice President Tinnie Hunter's unavoidable absence, President Debbie O'Neal presented her County and Club awards and the Counties also received their Program of Work Awards.

We viewed an informative video on our State Project, Helping A Hero. The video explained all about their 100 Homes Challenge. We were encouraged to get busy with our fund-raisers. We were also made aware of the need to help get the word out to veterans. Often, due to their sacrificial nature, veterans are slow in applying, assuming that someone else may be more deserving than themselves. So, if you know of veteran who may qualify, encourage them to apply. The organization will be awarding 73 more homes in this challenge. To date, Helping a Hero has built 2 homes in the state of Alabama. Wouldn't it be great if some of the next 73 are built in our state as well? We had a great morning with our focus on Military Veterans. After all the presentations we enjoyed a meatloaf lunch catered by Southern Sweets by Joan. Hale County passed out the door prizes and we ended the day with a "See you in Eufaula!"







Sherry Dahlstedt explaining what each fold of flag means while Mary Rumph and Mattie Scott perform the task.

The members enjoying treats before start of meeting and having time to browse the silent auction.





Members bidding on great variety of silent auction items to raise funds for "Helping a Hero" organization





Our year is off to a fantastic start and I would like to thank everyone that helped to make our District 1 meeting, "Springtime on the Mountain," a huge success. Steve Logan and Judy McCallie provided wonderful entertainment. Mary Wiliford did an awesome job showing off her beautiful quilts and we all know how much homemakers love quilts! Hilburn's Catering provided delicious lunch. I believe everyone had enough to eat. I still can't believe we had over 110 people attending! I really look forward to seeing everyone this year.

God Bless, Elizabeth







Rules To Live By

Are you sitting in one place too long? Studies show there are negative impacts on your health from sitting for too long. Cut this out and put it near to hand where you find yourself sitting the longest.



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